

MYCHART FOR PATIENTS AGES 12-17

Information about MyChart Features, Parental Proxy Access, and Your Choices

Teen patients ages 12–17 years old are provided with full access to their electronic health record via MyChart. Teen patients and their designated proxies (e.g. parents/guardians) have the following MyChart view:

Features	Teen Access	Standard Proxy Access*	Full Proxy Access**
Secure messaging care team	✓	✓	✓
Request an appointment	✓	✓	✓
View upcoming appointments	✓	Available soon	✓
View past appointments	✓		✓
Cancel appointments	✓		✓
Clinical Visit Note and After Visit Summaries	✓		✓
Review Problem List	✓		✓
View Medications	✓		✓
Request Medication Refills	✓		✓
Review Allergies, immunizations, and growth charts	✓	Immunizations & growth charts	✓
View Labs/Test results	✓		✓
Health Reminders	✓	✓	✓

* This level of proxy access is granted by default with the permission of the teen patient. Teens are able to grant access to their proxy by signing the SAC Health Designated Proxy Access Form. This level of proxy access offers a limited view of the teen's health information in MyChart.

** Teens are able to request that their proxy be granted with Full Proxy access in some circumstances and after discussion with the care team. Full Proxy access provides the same access proxies have for their children from birth to 11 years old. Ask your care team about granting Full Proxy access to your parent / guardian.

Important Facts

- 1 California privacy law prohibits the medical care team from sharing certain sensitive information with your parents/guardians without first obtaining your written authorization.
- 2 Upon signing the SAC Health Designated Proxy Access Form, you will be granting your parent/guardian with the default Standard Proxy access level (see chart), which provides them with a restricted view of your health information in MyChart. If you would like to give your parent/ guardian greater access to your health information in MyChart, ask your physician about enhancing your parent/guardians proxy access.
- 3 You can revoke proxy access you have previously assigned to your parent/ guardian anytime by logging into MyChart and selecting “Revoke Access” button located Under the Personalize section in the Profile tab or by contacting the **MyChart customer service care line at 877-558-0090**.



At your convenience 24hours a day, log in to your MyChart account online sachealth.org/mychartportal/ or on the MyChart app.